



5K FUN RUN/WALK FOR LIFE

Saturday June 1 2019 ~ Penn Forest Township Recreational Park (Route 903 Jim Thorpe)

Check-in 10am ~ Run/Walk begins 11am ~ Rain or shine!

All registered participants will receive a T-shirt with custom logo, energy bar, water and a unique Finishers Medal!

Register online at carenetcarbon.org or by mail by May 1- \$25 ~ After May 1- \$30 ~ Children under 12- \$15

(Please print)

Participants Name _____ email _____

Address _____

Phone # _____ T-shirt (adult sizes) ___sm___med___lg___xlg

Emergency contact _____

Child Participant (Must be accompanied by an adult)

Name _____

Address _____

T-shirt (adult sizes) ___sm___med___lg___xlg

WAIVER: Please read and sign waiver below: In consideration of acceptance of my entry, I do release, discharge and hold harmless Care Net of Carbon County and Penn Forest Township Recreational Park, their representatives, officials, volunteers, members and sponsors from any and all claims, damages, demands, or causes of action whatsoever in any manner directly or indirectly arising out of or related to my participation in said athletic event; I am physically fit and have sufficiently trained to participate in this event. By signing below I give permission without compensation to Care Net of Carbon County to use my likeness in photographs for purposes of promoting our organization and its events. I agree to abide by all the rules of participation. This waiver also applies to the child(ren) that accompany(ies) me (if applicable).

(Signature of Participant or Parent/Guardian, if under 18)

Date

To register by mail, send form and check or money order payable to:

Care Net of Carbon County/5K
531 Mahoning St
Lehighton PA 18235



In order to insure the success of our fundraiser we need you to ask your friends and family to sponsor you!

WHAT IS CARE NET? Care Net is a Christ-centered, community supported, non-profit organization.

We exist to build healthy families through education and support.

Clients are served without cost and without regard to age, race, income, nationality, religious affiliation, disability, or other arbitrary circumstances.

Services include: Confidential personal guidance, educational and holistic support for parenting, pregnancy, breast feeding, relationships, anger and sexual health. Serving teens, men and women.

Our newest capability will be Ultrasound technology at the Nesquehoning location.

Participant with the highest sponsor donation \$ amount will earn a Pizza party for 4 at Lorenzo Pizza Kitchen in Lehighton!

Participants name: _____

Sponsor name _____

Sponsor name _____

Address- _____

Address- _____

City _____ State _____ Zip _____

City _____ State _____ Zip _____

Amount \$ _____

Amount \$ _____

Sponsor name _____

Sponsor name _____

Address- _____

Address _____

City _____ State _____ Zip _____

City _____ State _____ Zip _____

Amount \$ _____

Amount \$ _____

Sponsor name _____

Sponsor name _____

Address- _____

Address _____

City _____ State _____ Zip _____

City _____ State _____ Zip _____

Amount- \$ _____

Amount \$ _____

You may continue on the reverse side if needed! Checks should be made out to Care Net of Carbon County

TOTAL DONATIONS- \$ _____